

## ABOUT KELOWNA

Nestled in the heart of the Okanagan valley, Kelowna is a booming city packed with picturesque vineyards, stunning hikes and crystal blue lakes. Often referred to as Kelowna-fornia, Kelowna is known for its hot summers and many locals and tourists indulge in the abundance of activities and wide selection of water-sports that the area offers.



### Go and spot the Ogopogo!!

In City Park you'll find a statue of the Ogopogo, a sea creature similar to that of the Loch Ness monster from Scotland. The mythical creature is frequently reported to be seen on the lake so keep your eyes peeled when you're near or on the water!

### My experience: 6 months in Kelowna

I, Rose Davies, recently spent 6 summer months living in Kelowna, at Kelowna International Hostel. To read more about my adventures go to: [www.rosesworldtravels.com](http://www.rosesworldtravels.com)

## Stay at Kelowna International Hostel!

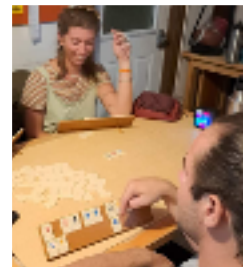
Located on Pandosy street near Kelowna General Hospital, this hostel is the place to stay when in Kelowna!

A high energy backpackers hostel with fun activities and the opportunity to make friends for life. Get involved with group events like pot luck dinners, movie nights, themed party nights and many more.

You could also get involved by becoming a volunteer staff member - work in the hostel and receive your rent free. You will also be able to get involved with event planning and get many other staff benefits.

- find out more through [worldpackers.com](http://worldpackers.com) -

The hostel has events scheduled throughout the week including pizza Monday, pasta Tuesday, wings Wednesday and many more! See their social pages to keep up with what's on!



## Kelowna International Hostel



## Contact information.



(250) 712 - 2427



2343 Pandosy st. V1Y 1T5  
- Opposite the General Hospital!



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## Top Things to do In Kelowna

# TOP THINGS TO DO

With so much to do right on your doorstep, this guide will help you figure out what should be top of your list on your time in Kelowna!

## 1 Indulge in wineries

The warm climate all year round means that the Okanagan valley is rich in vineyards and orchards. Sip gorgeous wines and learn about the area whilst taking in the breathtaking views.

Some favorites include: Kitsch, Ancient Hill, Mission Hill, The Vibrant Vine and Tantalus (all organic).



## 2 Get involved on the water

The area is thriving with so many water-sports on offer. From renting a ski-doo or paddle board to playing on inflatable assault courses to hiring a party boat with your friends for the day, there are so many options to choose from.

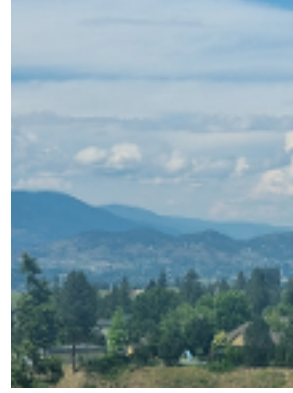
Tip - you might find cheaper prices on activities on one of the smaller lakes instead of the Okanagan lake - check out Turtle Bay rentals on Wood Lake.

Don't miss insane cliff jumping spots Paul's Tomb (Knox mountain) and Rattlesnake Point.



## 3 Go to the beach!

Beautiful all year round, there is no shortage of stunning sandy beaches right on your doorstep. The main ones are Gyro Beach and City Park beach (downtown). Some other favourites include, Pebble Beach (clear water and coloured pebbles), Strathcona (nearest Kelowna International Hostel), Peachland Viewpoint beach (13th St) and Juniper Bay Beach/Rattlesnake point.



## 4 Downtown - bars and food

Kelowna's downtown area is bustling with bars, eateries and shops. The OK Corral is a guaranteed great night out, a country themed bar with bull riding and dancing nights.

Likewise, O'Flannigans hosts amazing karaoke nights and Parlour ice cream and Amore Mio gelato are hotspots for a summer treat.

Make sure to indulge in Canada's Poutine. Highly recommend Meltwich, Smoke's Poutine or Leopold's Tavern. It's got to be proper cheese curds!

"Kelowna is fun for everybody, from the lake to the mountains. Everything is nearby & you can meet friends for life, good fun & great people!"

- Simon, ex staff member at Kelowna Int. Hostel

## 5 Go hiking

Like much of Canada, Kelowna is bursting with nature and hiking trails. There's so many to do - from beginner level strolls to expert rock scrambling. No matter which ones you decide to do, all of them guarantee incredible views, scenery and wildlife.

Favourites include: Mt Boucherie (an old volcano) Pincushion Mtn, Knox Mtn, Mission Creek (flat & beginner), Layer Cake Mtn (really interesting rock formations), Beaver Lake (be here at sunset to spot Beavers!), Myra Canyon & Carrot Mtn (there's a carrot at the top).



## Other highlights:

- Don't miss the Ogopogo statue.
- Wings Wednesday: most bars in the city participate in discounted chicken/cauliflower wings.
- Explore the museums and art galleries to learn more about the rich history and culture.
- H2O pool is a great day - if the weather maybe isn't so good dive into saunas, lazy rivers, a surf simulator & 3 swimming pools.
- Pandosy Pizza is a great local & independent spot.
- Nearby ski resorts include Big White & Silver Star.
- The city is always hosting a variety of events (most of them are free too) - check out [www.tourismkelowna.com/events](http://www.tourismkelowna.com/events) to see what's on.